

EMOTIONS ICEBERG

WHAT OTHERS SEE

WHAT I THINK/FEEL

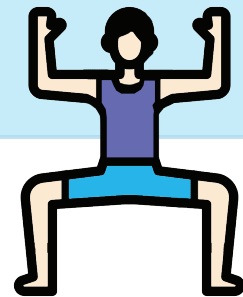
MY BELIEFS, VALUES, BIG EMOTIONS



CHAIR POSE



WARRIOR II



GODDESS POSE



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TO CHANGE**

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