



**DOMINICAN
UNIVERSITY**
of CALIFORNIA

**Self-Paced Online Training offered by
Dominican University of California**

What You'll Learn

Combining the foundations of Yoga + Mindfulness with Morning Meetings + Closing Circles, learn to bring new energy into your daily morning meetings and closing circles by understanding how it authentically connects to community building, social-emotional learning, and academic achievement throughout the school day. Daily morning meetings and closing circles provide teachers with a natural setting to connect with their students daily as real people with unique, individual personalities.

Required text to be purchased by students: Morning Meetings and Closing Circles, by Monica Dunbar.