

THE NAME OF MY FROG



Child's Pose



Rabbit Pose



Warrior III Pose



Cat Pose



Locust Pose
(arms at your sides)



Downward Facing Dog

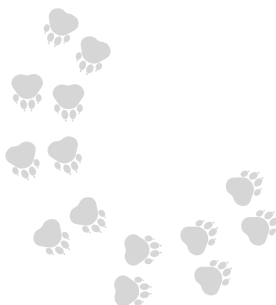
THE NAME OF MY FROG



Embryo Pose



Fish Pose



Goddess Pose



Happy Baby Pose



Wide-Legged Stretch



Lizard Pose



Cobra Pose